



Dove Healthcare

April 2025 Newsletter · Dove Healthcare - Regional Vent Center

Meet our 2025 Recipients of the \$2,500 Sandy Rasmussen Scholarship

We are excited to announce the recipients of Dove Healthcare's 8th Annual \$2,500 Sandy Rasmussen Scholarship Award. **Congratulations to Destiny Pichla at Dove Healthcare - Regional Vent Center and Spencer Herrick at Dove Healthcare – Bloomer!**

Destiny & Sandy



Sandy & Spencer



...continued

Destiny, a CNA and medication aide, is enrolled in the nursing program at Northwood Technical College, while **Spencer**, an LPN, is completing the nursing program at CVTC. Both have achieved Dove Healthcare's signature **HomeGROWN** status during their time with us.

Director of Nursing Ashley Spaeth had this to say about Destiny, "Destiny is very competent of her job duties and continues to challenge herself and grow. She is a CNA, CNA mentor, and medication aide. Destiny demonstrates compassion for our residents, a clear sense of responsibility, excellent organizational skills, and has gone above and beyond her duties."

Nurse Case Manager Kari Engelstad had this to say about Spencer, "Spencer is kind, outgoing, and eager to learn. He is hard working and very well liked by his peers and the residents. In addition to his impressive work ethic, Spencer is a natural leader and a humble employee. He has a great attitude and is always willing to help out a fellow co-worker."

We are so grateful for everyone that took the time to apply for this scholarship. Dove Healthcare is blessed with bright, talented individuals.

This scholarship was created in honor and appreciation of Sandy Rasmussen, a dedicated, hard-working, and compassionate employee of Dove Healthcare – Rutledge Home for over 50 years! Sandy served in a variety of roles over the years, from resident assistant to nutritional services director. She has also served her community through countless hours fundraising for the Alzheimer's Association and American Cancer Society.

Scholarship Committee Chair Kena Luzinski shared, "Destiny and Spencer emulate Sandy's compassion and energy. We are honored to be able to help them advance their education and career in healthcare."

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Dove Healthcare

Our Mission

As an innovative healthcare provider and community partner, we provide compassionate care and service to meet the needs of those who depend on us. We commit to excellence through adherence to high standards, disciplined leadership, and mutual respect for all.



Caring for Wisconsin PERSONAL. LOCAL. LOYAL.

April is Occupational Therapy Month

Article by Emily Erickson, regional assistant director of rehabilitation, and Amy Scribner, rehabilitation director and COTA at Dove Healthcare - Spooner.

The American Occupational Therapy Association defines occupational therapy (OT) as the only profession that helps people across the lifespan do the things they want and need to do through the therapeutic use of daily activities.

The profession was born in 1917, the same year the U.S. entered World War I. The sudden need for rehabilitation of soldiers from physical injuries and shell shock was formative in occupational therapy falling under the umbrella of physical medicine, as well as mental health.

Through the process of evaluation, assessment, and interventions, occupational therapists help their patients overcome limitations and restore independence in the activities that matter most to each individual patient.

OT is helpful in the treatment of:

-stroke	-spinal cord injury
-traumatic brain injury	-developmental disabilities
-cerebral palsy	-low vision
-Parkinson's	-amputation
-orthopedic conditions, including rotator cuff tear /repair, carpal tunnel syndrome, tendonitis, and arthritis.	

Benefits may include:

- **maintaining or regaining** the ability to perform daily tasks such as bathing, dressing, eating, and personal hygiene
- **learning** how to use

recommended adaptive equipment to increase independence with self-cares

- **strengthening** fine and gross motor skills, **improving** coordination and mobility
- **assisting** with fall prevention through environmental modifications and recommendations (i.e. decluttering a space to make it easier to maneuver through, getting rid of throw rugs to decrease the chance of a walker getting caught up on it)
- **completing** home assessments to determine the need for equipment at home, such as a bath bench or toilet riser
- **improving** or maintaining a caregiver's health and wellness by increasing a care receiver's level of independence with transfers, standing, cares

For more information, contact Regional Director of Rehabilitation Angella Niblett: 715-723-9348, ext. 1243



"I chose OT for a career because I like helping people with learning how to do everyday tasks in a way that is most beneficial for them. All the different tools and variety of ways to work caught my interest. My favorite thing about being a COTA is the flexible schedule and just seeing the improvement in all my patients. I love that I am a part of that process. Being able to make those relationships with each patient is another good part." -Emily Vavra, COTA
Dove Healthcare - Regional Vent Center



Congratulations to Peggy Burns! January Employee of the Month



Introducing
Peggy Burns

“positive attitude, calm demeanor, brightens residents' days”

“Peggy has been with Dove Healthcare for over 20 years! She is currently our restorative certified nursing assistant. She plays an essential role in helping our residents maintain their current level of function with strength

and endurance through stretches and exercise. Peggy's positive attitude and calm demeanor is her strongest attribute. She is able to brighten our residents' days to encourage them to do their exercises, even if they are not feeling well,” shared Director of Nursing Ashley Spaeth.

Peggy responded, “I enjoy getting to know the residents and helping to make their day a little better! It's definitely a plus that we have some great co-workers to work with. Thank you!”

We appreciate you, Peggy! Thanks for your many years of dedication and quality, compassionate care of our residents.

Congratulations to Ashley Tice! March Employee of the Month

“I have always said that Ashley Tice is the glue to the team! She is very knowledgeable about the residents and their preferences and has a lot of experience and compassion for her job.

Ashley started her employment with Dove Healthcare – Regional Vent Center as a CNA and has climbed the nursing career ladder to medication aide. She has brought quality to the team, and due to her organization and attention to detail, we are better and stronger with her,” shared Director of Nursing Ashley Spaeth.

Ashley responded, “I enjoy working for Dove Healthcare. The residents always have a way of making my day! I appreciate my co-workers; they have become my extended family.”

Thank you for taking such pride in everything you do, Ashley! We sincerely appreciate you.



Introducing
Ashley Tice

“brings quality to the team through organization and detail”

Congratulations to Krissa Reeves! February Employee of the Month



Introducing
Krissa Reeves

“natural desire to research and learn the best ways to treat her patients”

“This is a well-deserved recognition for Krissa that comes as no surprise. I was excited to onboard Krissa, a physical therapist assistant, from the beginning as I knew she came with a background that would serve her

patients and other co-workers well. She has a natural desire to research and learn the best ways to treat her patients in their physical therapy sessions. She has a kindness and professionalism about her that lets all of us know she cares, as well as a willingness to help others out at Dove Healthcare – Regional Vent Center and other locations too. We appreciate all Krissa brings to the team and look forward to her continued growth here at Dove Healthcare. Congratulations, Krissa,” shared Regional Director of Rehabilitation Angella Niblett.

Krissa responded, “I enjoy working here because every day I am challenged with new puzzles, and I have the support to find solutions to best meet the patients' needs. I am very honored to be recognized and thankful for the entire team at Dove Healthcare – Regional Vent Center!”

We're lucky to have you on the team, Krissa. Thanks for your expertise in therapy and helping us to advance quality care!

April Events & Days of Interest

April 4 Summer and Shandy Visit, Bingo with Happy Hour

April 8 Day at the Masters

April 9 Music with Lorn & Royce Band

April 11 Catholic Mass, Bingo

April 15 Baking Group - Baseball Cupcakes

April 18 Rosary, Therapy Dog Visits with River, Bingo, Resident Council

April 22 Plastic Flower Art, Therapeutic Dog Visits with River, Bingo, Resident Council

April 29 Tuesday Tunes with Toni and Louise

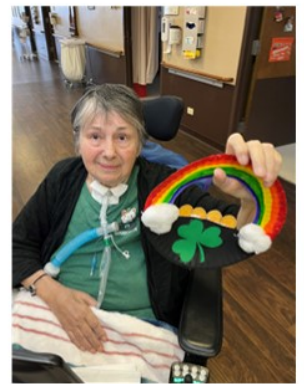
April 30 STEM: Rockets and Lava Lamps

Memories...

Throughout the month of March, Wisconsin enjoys to play a funny weather game with us, wherein we get to guess if it will be 60 degrees and sunny one day or snowing the next! Regardless of that, we still find ways to have fun and enjoy the spring days that are to come. March was certainly a busy month as we celebrated Mardi Gras, St. Patrick's Day, and the first day of spring! For Mardi Gras, we celebrated with a carnival and King Cake; it sure was delicious! As far as St. Patrick's Day went, we tested our luck with various games, sipped on green beer, and were on the look out for four leaf clovers! A new tasty treat that we tried this month included making churros. Contrary to typically frying them, we found a recipe that allowed us to bake them, and they were tasty! We enjoyed music performances by Jack Gorski, as well as the soothing music of the harp by Bethany Shuda. Some other highlights of the month included Spring Sports, Jeopardy, and Three Game Challenge! As we near the planting season, we also took some time to plan out what we want to grow in the garden this year. Fingers crossed that our selections will come to fruition, such as red raspberries, tomatoes, cucumbers and lettuce! We are also going to try our hand at planting rose bushes, so if you have any tips and tricks for that, please let us know!







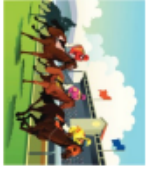



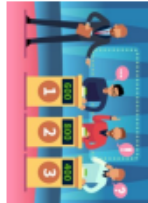










April is sure to be another busy month! Some of the highlights include "A Day at the Masters", Baseball Cupcakes, Plastic Flower Art, STEM Rockets, music, and garden stone painting! Hopefully a few April showers will bring us May flowers. Hopefully not too many showers, as we are itching to spend time outside!

Liz Thon
Recreation Director



Dove Healthcare—
Regional Vent Center
Recreation Calendar is Subject to Change

April 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
	2:30 Chalk Bunny 2N 1	1:15 Vent Outing 2:30 Dice Games 2N 2	2:30 Ecumenical Worship Service Chapel 3	10:00 Summer and Shandy Visit 2N 4	9:15-12:00 Morning Greetings* 1:30-3:00 Mail Pass & Visits*	
6 Independent Materials on 2nd floor Book shelves or in CR	2:30 Egg Hunt 2N 7	11:00 Therapy Dog Visits with Tucker 2:00 A Day at the Masters 2N 8	2:00 Music with Lorn and Royce Band CR 9	2:30 Garden Stones 2N 10	9:45 Catholic Mass Chapel 11	9:15-12:00 Morning Greetings* 1:30-3:00 Mail Pass & Visits*
13 Independent Materials on 2nd floor Book shelves or in CR	2:30 Horseracing Game 2N 14	2:30 Baking Group - Baseball Cupcakes 2N 15	2:30 Card Games 2N 16	2:30 Ecumenical Worship Service Chapel 17	10:30 Rosary 2N 18	9:15-12:00 Morning Greetings* 1:30-3:00 Mail Pass & Visits*
					2:30 Bingo CR 19	
Easter 20 Independent Materials on 2nd floor Book shelves or in CR	2:30 Jeopardy 2N 21	2:30 Earth Day Plastic Flower Art & More 2N 22	2:30 Three Game Challenge 2N 23	2:30 Chalkboard Games CR 24	2:30 Bingo CR 25	9:15-12:00 Morning Greetings* 1:30-3:00 Mail Pass & Visits*
						
27 Independent Materials on 2nd floor Book shelves or in CR	2:30 Yahtzee 2N 28	2:30 Tuesday Tunes with Toni and Louise CR 29	1:30 STEM: Rockets and Lava Lamps Courtyard 30			
						



Spring Word Search

BLOSSOM

BLOOM

FLOWERS

RAIN

SHOWERS

EASTER

SPRING BREAK

GRASS

HATCH

BIRDS

SUNSHINE

SEASON

MARCH

APRIL

MAY

N	L	M	O	R	D	Y	S	M	B	M	O	O	L	B
N	I	A	R	M	E	L	E	S	E	E	A	W	O	G
U	O	Y	E	L	O	S	E	A	S	O	N	M	S	S
L	M	L	I	O	D	N	E	K	L	A	Y	R	P	H
H	C	T	A	H	I	N	G	Q	L	D	B	R	K	U
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U	Y	W	E	M	S	H	O	W	E	R	S	E	D	R
C	H	E	F	A	M	C	L	Y	O	G	D	R	E	S
X	L	R	O	V	Z	R	C	O	J	B	R	I	N	O
F	I	S	E	A	R	A	K	S	L	E	I	O	E	L
B	L	O	S	S	O	M	C	B	J	W	B	M	O	B



Find us on Facebook

Follow Us on Facebook!

facebook.com/

dovehealthcareregionalventcenter

If you're not already following us on Facebook, we invite you to check out the page and consider following it to stay connected with all of the wonderful activities that take place here! Please also invite your loved ones near and far to follow the page too. We'll always share some photos in our monthly newsletter; Facebook is just a great way to keep in touch.

Do You Have a Loved One Residing at Dove Healthcare?

MESSAGE A RESIDENT

We invite you to try out a communication tool on our website and surprise your

loved one with a special greeting. Scroll to the bottom of any page on dovehealthcare.com and click on the button "Message a Resident". Just fill out the fields provided and your message will be emailed to a designated employee at the location you select. They will then print and deliver the message to your loved one. Give our recreation department a call if you have any questions.

Recognize a Dove Healthcare Employee

RECOGNIZE AN EMPLOYEE

We invite you to recognize a Dove Healthcare

employee who went above and beyond in their work during your time with us.



Scan QR code, or visit dovehealthcare.com/recognize today. Please be specific and briefly explain how the employee went above and beyond. Did they exceed the needs of a resident?

Did their attitude and actions

promote a positive experience? Your message will be printed and delivered to the Dove Healthcare employee within a week. We look forward to hearing from you.

Let's go Paperless

In our effort to go paperless, we can email a PDF version of our newsletter to you. If you or a family member of a resident at Dove Healthcare - Regional Vent Center would like to receive our newsletter via email, please email Liz Thon at: elizabeth.thon@dovehealthcare.com

Nutritional Services Reminders

If you bring in food for a resident, please only bring enough for a couple of meals. **Make sure it is marked with the resident's name and the date it was brought into the building.** We are required to dispose of any food that is over three days old.

- All **guest trays** are \$4.00 per tray.
- The '**guest trays**' are the meal being served that day to the residents.
- The '**Special Order Menu**' is for the residents only.

Laundry Reminders

When bringing in any clothing or personal items for your loved ones, please remember to inform the nurses station on the unit and have ALL items (clothes, blankets, stuffed animals, shoes, etc.) marked appropriately with the resident's name by our laundry department. Also, if Dove Healthcare - Regional Vent Center will be doing a resident's laundry, please avoid hand wash or dry clean only clothes. Thank you for your help.

Guest Internet Access

The name of our guest WI-FI network is '**DoveHealthcare- Guest**'.

No password required.

Telephone Numbers

In order to reach a resident or nurse directly, dial **715-723-9348** followed by the extension as follows

- **2nd Floor North** - Rooms 201-212: **Ext. 1242**
- **2nd Floor South** - Rooms 214-225: **Ext. 1278**
- **2nd Floor East** - Rooms 226-232: **Ext. 1224**

FOR QUESTIONS ABOUT RECREATION, VOLUNTEERING, OR THIS NEWSLETTER:

LIZ THON, CTRS- Director of Therapeutic Recreation & Volunteer Coordinator

PHONE: 715-720-2271

EMAIL: elizabeth.thon@dovehealthcare.com

Bring your family and friends to our
Easter Extravaganza

Dove Healthcare - Rutledge Home
300 Bridgewater Avenue · Chippewa Falls

Friday, April 18, 2025 · 1:30 - 3PM

Featured Festivities

Flower Planting
Easter Egg Hunt
Cookie Decorating
Egg Dyeing
Visit with the Easter Bunny

*"Hey Kids,
Come see me rain or
shine! Festivities will be
moved into the
lower level rec room
in the event of
uncooperative weather!
Can't wait to see you!"
Love, The Easter Bunny*



**This is a no-cost event. Contact Kena with questions.
715-723-3093, ext. 144
kenarae.luzinski@dovehealthcare.com**