July 2025 Newsletter · Dove Healthcare - Rice Lake

Update from the Administrator

Thanks to the generous donations and successful fundraising efforts through the Dove Healthcare Community Foundation, a brand new trailer has been purchased to transport our new trishaw bike, and we couldn't me more excited!

With the trailer, we can take the trishaw to other community locations (including Dove Healthcare - Barron Assisted Living), giving their residents or community members a chance to enjoy a ride, feel the wind in their hair, and take in the sights. Whether it's a senior living community, a local event, or a neighborhood gathering, we're excited to bring this uplifting experience to more people.

We're also thrilled to share that several team members have completed official trishaw pilot training, so we're ready to safely give rides and create memorable experiences for everyone involved.

We are so grateful to everyone who helped make this happen. Your support is making a real difference - one ride at a time!

Hannah Overlien, NHA



We're ready to travel with the new trishaw bike!

Congratulations to Ben Drost! July 2025 Employee of the Month

"Ben is a very hard-working and dedicated CNA who consistently goes above and beyond to assure the wants and needs of our residents are met. He has an unfailing positive attitude, no matter how busy he is and always has a smile on his face. He is respected and appreciated by everyone on our team and our residents love him,"



shared Director of Nursing Vickie Haney.

Ben responded, "My work at Dove Healthcare - Rice Lake is not just a job, it is an opportunity to care for people and provide support so they can regain or maintain their health and well-being. I feel all of our employees genuinely care about and respect each of our residents, across all departments. I enjoy working with all my coworkers and am proud to be part of the Dove Healthcare team."

Thank you, Ben, for all that you do. Your dedication to meeting the needs of our residents, always with a positive attitude and a smile on your face is an inspiration. We are very glad you are a member of our team!



Nursing Headlines

Summer Is Here – Make the Most of the Season! As summer settles in, our community is beginning to feel the warmth of the season, and with it, the arrival of the *Dog Days of Summer*. We hope everyone is enjoying the sunny days and making the most of this special time of year.

Please remember to stay hydrated, and protect yourself from the sun by wearing sunscreen, especially during peak hours. This is the perfect time to embrace classic summertime activities — take a relaxing walk, enjoy the shade on a bench or patio, cool off with a swim, have a picnic, or simply unwind in a lawn chair with your favorite frozen drink. Whether you prefer resting under a shady tree or soaking in the sunshine, try to spend some time outdoors. While air conditioning offers comfort, nothing compares to the simple pleasures of summer experienced firsthand.

Let's enjoy every moment while it lasts - the days are already growing shorter, and we all know what that means.

Stay safe, stay cool, and enjoy the sunshine!

Vickie Haney, RN, Director of Nursing

Rockin' In Rehabilitation

Outpatient Therapy

- · Do you feel like you are losing strength?
- · Are you worried about falling?
- · Are your normal activities painful?

If you answered "yes" to any of these questions, you may benefit from outpatient therapy, which includes physical, occupational, and speech therapy. Dove Healthcare's skilled nursing and rehabilitation centers are **open to the public** for outpatient therapy.

In order to qualify for out-patient therapy, a (free) evaluation must be completed by one of our therapists and then a signed physician order to justify medical necessity. Dove Healthcare will also complete a (free) benefit check to ensure the type of coverage provided by your insurance(s), along with any payment that you may be responsible for. There is a strong likelihood that your insurance will provide 80-100% coverage for outpatient therapy services.

Please feel free to call or email anytime to discuss the outpatient services we offer to the public.

Sincerely, Jessica Magur, Rehabilitation Manager

Learn More: dovehealthcare.com/rehabilitation





Our Mission

As an innovative healthcare provider and community partner, we provide compassionate care and service to meet the needs of those who depend on us. We commit to excellence through adherence to high standards, disciplined leadership, and mutual respect for all.



Our Sincere Sympathy

The Dove Healthcare family wishes to extend our sincere sympathy to the families of...



Jeanette Baribeau DeWayne Seever

Although gone from this place, their presence in our lives will remain a precious memory. Thank you for giving us the opportunity to care for your love ones.

Nutritional Notes

Welcome to July! This month, our nutritional services team is focused on fresh flavors, fun food events, and supporting health through nutrition and hydration



Hydration is Key

Dehydration is a risk in the summer heat, so we're taking extra steps to keep everyone hydrated:

- hydration stations with fruit-infused waters
- popsicles on hot afternoons
- daily beverage rounds between meals
- employees will offer fluids frequently; don't hesitate to ask for extra

July Events to Look Forward To

- July 4th Picnic-Style Lunch
- July 24: Ice Cream Treat Day regular and low-sugar options

Nutrition Tip: Antioxidant Power

July berries, like blueberries and strawberries, are full of antioxidants, which support memory and immune health. Look for them in:

- oatmeal
- yogurt parfaits
- muffins and desserts

Your Voice Matters! Have menu ideas or feedback? Residents and families are encouraged to speak with our team. We're always here to listen and improve.

Here's to a healthy, happy July!

Michele Kuffel Nutritional and Environmental Services Director

A Minute With Maintenance

This month, we celebrate Independence Day! As Americans, we are known for wanting to be independent and having many freedoms, and as we maintain buildings and equipment designed to care for our residents, we always strive for more ways to enable independence for them too.



At our Dove Healthcare - Rice Lake location, we have many special features and equipment throughout our building with this in mind. Safe, modern lifts to assist the residents when they want to get up and the necessary room to allow easy movement of the lift within the room and bathroom is one way we can help. Wheelchairs, walkers, lift chairs, powered bed controls, and many other pieces of adaptive equipment are used to give residents as much independence as possible and to help them reach or maintain their highest level of function. This equipment is on a regular maintenance schedule to ensure proper and safe operation.

At Dove Healthcare - Barron Assisted Living, we are in the process of converting the one and two bedroom apartment bathrooms from shower/tub combinations to walk in shower units. Although some may want a tub, most people who choose assisted living find it difficult, dangerous, or even impossible to step over a tub wall. Hopefully this change will allow more of the tenants to shower safely and independently. Some of our apartments are specifically designed for wheelchair accessibility.

Enjoy the freedoms you have and don't take them for granted, whether it is our great country or your physical capabilities. Speaking of freedom, feel free to stop in for a visit and put a smile on some faces!

Brent Swan, Maintenance Technician





Find us on Facebook

Follow Us on Facebook!

facebook.com/dovehealthcarericelake

If you're not already following us on Facebook, we invite you to check out the page and consider following it to stay connected with all of the wonderful activities that take place here! Please also invite your loved ones near and far to follow the page too. We'll always share some photos in our monthly newsletter; Facebook is just a great way to keep in touch.

Do You Have a Loved One Residing at Dove Healthcare?

MESSAGE A RESIDENT

We invite you to try out a communication tool on our website and surprise your

loved one with a special greeting. Scroll to the bottom of any page on dovehealthcare.com and click on the button "Message a Resident". Just fill out the fields provided and your message will be emailed to a designated employee at the location you select. They will then print and deliver the message to your loved one. Give our recreation department a call if you have any questions.

Recognize a Dove Healthcare Employee

RECOGNIZE AN EMPLOYEE

We invite you to recognize a Dove Healthcare

employee who went above and beyond in their work during your time with us.



Scan QR code, or visit dovehealthcare.com/recognize today. Please be specific and briefly explain how the employee went above and beyond. Did they exceed the needs of a resident? Did their attitude and actions

promote a positive experience? Your message will be printed and delivered to the Dove Healthcare employee within a week. We look forward to hearing from you.

Walk to End Alzheimer's-Barron County

Currently, more than seven million Americans are living with Alzheimer's Disease or another dementia, and eleven million are serving as caregivers for those



with dementia. The Alzheimer's Association works to address this crisis by providing education and support to the millions who face dementia every day, while advancing critical research towards methods of treatment, prevention, and ultimately, a cure. Outreach, support services, and research are costly, and the annual Walks held across our country each fall help to raise funds to meet the needs of those with Alzheimer's disease or related dementias.

Dove Healthcare - Rice Lake once again has a team gearing up for the 2025 Walk to End Alzheimer's, which will take place on Saturday, October 4 at the UWEC-Barron County Campus in Rice Lake. Our team "Dove Healthcare - Rice Lake" raised over \$3,000 last year, and we would really appreciate your support as we work to surpass that amount in 2025.

It is very easy to join our team or make a donation. Simply do an online search for the 2025 Walk to End Alzheimer's-Barron County. This will bring up the 2025 Walk page which will allow you to join the team or donate; just follow the prompts provided. Be sure to specify our team, *Dove Healthcare-Rice Lake* when you register for the Walk or make your donation. Our team captain is Nadine Williams, and if you have questions, you may email her at nwilliams@dovehealthcare.com or call 715-475-1835. Thank you for your support!

Activity Auction in July

We have another exciting Activity Auction planned for July 23, our first since returning to Rice Lake, and we welcome your assistance in donating fun items for our residents to bid on. Popular auction items include small cans of soda, soft, wrapped candy, crunchy snacks, lotions/body sprays from Bath & Body, adult coloring books, Wisconsin sports team apparel/items, jewelry, cards and postage stamps, just to name a few. If you would like to donate goodies, please drop them off to our recreation department anytime prior to July 23. Thanks for helping us to make this an exciting event for our residents!

Recreation Highlights

Our first full month "back home" was filled with a number of special events, bringing us fun, flowers, music, volunteer recognition, and heartwarming moments with youngsters and puppies!



Early in June, residents traveled downtown for our annual outing to the Rice Lake Aquafest, where we enjoyed music by the Nuto Band and lunched on all kinds of tasty food. Dove Healthcare was a proud sponsor of this event again, and we thank the Aquafest committee for continuing to schedule this great afternoon of fun for our elders!

The return of Little Red Barn visits was another highlight for us, with volunteer, Sue, bringing in two adorable puppies for us to enjoy. These lovable four-legged guests brought plenty of smiles and snuggles with them. We are so happy to have the Little Red Barn back on our monthly schedule.

On June 18, our residents received a beautiful surprise, thanks to Caleb Svendsen and WWIB radio in Chippewa Falls, as Caleb and his helpers provided flowers for all of our residents as part of their "Kindness Jar" program. This program is funded by WWIB sponsors and listeners, with monthly random acts of kindness chosen to bless community members. In June, that act was "to deliver flowers to nursing home residents to remind them that they are loved, valued, and not forgotten". The flowers they brought to us certainly brightened our day and made us feel extra-special.

Additional acts of kindness came our way the last week of June, as part of "Impact Week" at Red Cedar Church. We had two of their Impact teams visit us on June 24. The first helped us celebrate June Dairy Month by providing root beer floats for everyone in our courtyard area that afternoon, and the second brought music and singing to us after supper. Both events impacted us in a very positive way, and we thank all at Red Cedar Church for remembering us during this special week of service!

We closed out June with recognition of our resident and community volunteers. Their gifts of time and talent are so important to us, and we are very grateful for their dedication and support. June was truly a month of community, kindness, and caring, as our photos show! Thanks to everyone who helped to make these events and other programs provided so special!

Nadine Williams, Recreation Director

Memories from the Month







We had a great time at the Aquafest on June 5!



Our community volunteers (above) and our resident volunteers (below) were honored in June. We very much appreciate all they do!



Memories from the Month











Each of our residents enjoyed a beautiful bouquet of flowers in June compliments of WWIB's Kindness Jar on June 15. What a lovely surprise!



Our Resident Council voted to make a monetary gift to the WWIB Kindness Jar during our Council Meeting in appreciation for the flowers all of our residents received. Pictured at left is Council Vice President Lois Heron presenting the gift to WWIB representative Caleb on June 27.

Caring for Rice Lake personal. LOCAL. LOYAL.







Our residents celebrated June Dairy Month on June 24 with tasty root beer floats compliments of one of the Impact Teams from Red Cedar Church. Thanks to our friends from Red Cedar for including us in their "Impact Week" outreach!





Another Impact Team from Red Cedar Church spent time with us the evening of June 24, sharing ministry and song. They made a beautiful impact on us!



July 2025



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4 Independence Day	5
		9:15 Friendly Visits	9:45 Rosary & Communion	9:15 Friendly Visits	9:15 Friendly Visits	9:15 Friendly Visits
		10:00 Social 11:00 Exercise	10:45 Exercise 11:30 Friendly	10:00 Social 11:00 Exercise	10:00 Social/In The News 11:00 Exercise	10:00 Pokeno 4 11:15 Exercise
		2:00 Manicures	Visits 1:30 RWB Card Craft	2:00 Salute To America Bethany Shuda 3:30 Zero In	2:00 Let Freedom Ring	
			3:00 Happy		3:30 Zero In	
6	7	8	9	10	11	12
9:15 Zero In	10:00 BINGOL	10:00 Little Red Barn Visit	9:45 Rosary & Communion Service	9:15 Friendly Visits	9:15 Friendly Visits	9:15 Friendly Visits
Sing 10:45 Social	11:15 Exercise 2:00 Popcorn &	11:00 Exercise	10:45 Exercise	10:00 Social 11:00 Exercise	10:00 Social/In The News	10:00 Spin The Wheel
1:30 Church	Courtyard Relaxation	2:00 Trishaw Travels	11:30 Friendly Visits	2:00 Manicures	11:00 Exercise	11:15 Exercise
World Harvest	3:30 Zero In	3:30 Zero In	2:00 Hymn Sing 🔏	3:30 Dean Locke Family	2:00 Trishaw Travels	
		6:15 Music in The Park	3:00 appy	9	3:30 Zero In	
13	14	15	16	17	18	19
9:15 Zero In	10:00 BINGO!	9:15 Friendly Visits	10:00 Mass	9:15 Friendly Visits	9:15 Friendly Visits	9:15 Friendly Visits
10:00 Hymn 児 Sing	11:15 Exercise	10:00 Social	10:45 Exercise	10:00 Social	9:45 Barron	10:00 Pokeno
10:45 Social	2:00 Popcorn &	11:00 Exercise	11:30 Friendly Visits	11:00 Exercise	County Fair	11:15 Exercise
1:30 Church First Lutheran	Penny Ante 3:30 Zero In	2:00 Manicures	2:00 Singalong With Shirley	2:00 Birthday Party with	Outing 2:30 Exercise	
riist Lutileran	3.30 Zelo III	29		Ryan Herman	3:30 Zero In	
			3:00 Happy	3:30 Zero In	3.30 Zelo III	
20	21	22	23	24	25	26
9:15 Zero In 10:00 Hymn	10:00 BINGO!	9:30 Manicures	9:45 Rosary & Communion Service	9:15 Friendly Visits	9:15 Friendly Visits	9:15 Friendly Visits
Sing	11:15 Exercise	2:00 Karaoke	10:45 Exercise	10:00 Social	9:45 Pontoon Ride	10:00 Roll And Cover
10:45 Social	2:00 Popcorn & Courtyard	With Scott	11:30 Friendly	11:00 Exercise	1:30 Exercise	11:15 Exercise
1:30 Church Abundant Life	Relaxation	and Friends	Visits	2:00 Shut The Box	2:30 Courtyard	
	3:30 Zero In	3:30 Zero In	1:30 Activity Auction	3:30 Zero In	Relaxation	
			3:00 appy		3:30 Zero In	
27	28	29	30	31		
9:15 Zero In	10:00 BINGOL	9:15 Friendly Visits	9:45 Rosary & Communion Service	9:15 Friendly Visits		HAPPY BIRTHDA
Sing	11:15 Exercise	10:00 Social	10:45 Exercise	10:00 Exercise		Janet T. 7/4
10:45 Social	2:00 Popcorn & Brain Teasers 🥋	11:00 Exercise	11:15 Resident	11:00 Dove Newslstter		Lucille D. 7/20
			Council	w		
1:30 Church Red Cedar	3:30 Zero In	2:00 Manicures	2:00 Special Program	2:00 Courtyard Relaxation		Elaine W. 7/29 Ethel M. 7/30