



# Dove Healthcare

April 2025 Newsletter · Dove Healthcare - Osseo and Osseo Assisted Living

## A Message from the Administrator

Hello Everyone,

Happy April! We are looking forward to nicer weather and more outdoor activities and events.

We would like to express our gratitude to everyone who contributed to the success of our March fundraiser. Breakfast with a Leprechaun was an absolute blast, and we had a great turnout!

Thanks to the support we have received from the community, **we were able to place the order for the Osseo trishaw bike!** We are so excited to have met this goal, and **we thank everyone** who generously donated over the past couple of years! We are looking forward to getting the bike out into the community as the weather warms up.

**It's National Volunteer Week April 20-26!** Thank you to all our dedicated volunteers and volunteer bakers for your contributions. We appreciate your time, effort, and passion in assisting with our activities and events. We look

forward to celebrating and recognizing your selfless giving and support of our residents.



Happy Spring!  
Ben Franks, NHA

## Spring is here!



 **Happy Easter** 

**Families of our  
Residents & Tenants:**  
***RSVP Today for the Easter Sunday Meal***

**April 20, 2025 at 11AM**

**\$12/adult and \$5/child (age 10 and under)**

***Reservations Required by April 14***

**Call Sheila: 715.597.2493**

Glazed Baked Ham  
Scalloped Potatoes  
Asparagus with Hollandaise  
Cucumber-Radish Salad  
Dinner Roll  
Strawberry Rhubarb Pie  
Coffee, Hot Chocolate, Milk



## Welcome to Dove Healthcare - Osseo!

James L, Marilyn S, Daniel B, Jane B, Donna E,  
LaVern F, Alice G, Alice N, and Donna Y

## Welcome to Dove Healthcare - Osseo Assisted Living!

Butch B & Leslie W

## Happy Birthday!

Edith J on April 3

## Upcoming Special Programs

April 9 - Music Magic - 2PM

April 15 - Augusta One Voice - 6PM

April 28 - Music with Todd Barlett - 2PM

## Worship Services at 2PM in the Recreation Room

April 3 - Elk Creek Lutheran - Lenten

April 6 - Elk Creek Lutheran

April 10 - Trinity Lutheran - Lenten

April 13 - Trinity Lutheran

April 17 - Peace Lutheran - Lenten

April 20 - Peace Lutheran

April 27 - St. Peters



### Our Mission

*As an innovative healthcare provider and community partner, we provide compassionate care and service to meet the needs of those who depend on us. We commit to excellence through adherence to high standards, disciplined leadership, and mutual respect for all.*

## THANK YOU...

- Augusta Mennonite group for providing your musical devotion each month.
- Cheryl Bossell for calling bingo each week.
- Miss Strum and Snow Court for working the Breakfast with a Leprechaun Resident Council event.
- Local families, employees, and friends who supported our Breakfast with a Leprechaun Resident Council event.
- All local pastors who provided weekly Sunday service and Lenten services.
- Family and friends who joined us for the monthly birthday party.
- Father Peter for providing Catholic Mass.
- St. Raymond's & Immaculate Conception Church for providing rosary and communion.
- Osseo City Hall for assisting us with the 2025 spring election voting.
- Mary Jo Eid for leading our books club each Monday morning.
- Tom & Celia Bethke for the beautiful digital piano they donated. It is amazing!
- All entertainers for your musical performances.
- Maryellen Boettcher for your Happy Hour donation.

## Our Sincere Sympathy

The Dove Healthcare family wishes to extend our sincere sympathy to the families and friends of



**Dolores P  
Karen H  
Ruth E**

Although gone from this place, their presence in our lives will remain a precious memory. Thank you for giving us the opportunity to care for your loved one.





March is National Social Work Month! The 2025 theme is Compassion Plus Action and celebrates all the incredible social workers who are making a real

difference. Social workers have enriched our society by empowering people and communities to overcome hurdles that prevent them from living life to the fullest. We thank our Dove Healthcare social workers, and other members of the social services departments, for all they do to support and advocate for our residents!



Thank you, Social Services Director Jassica Bauer, for all you do for our residents and employees at Dove Healthcare - Osseo. You're so appreciated!

## Memories from March



A "Dog-gone" nice visit from Willow!



## Above & Beyond Award Presented to Jassica Bauer! Read all about it on the next page!



Pictured with Jassica:

Julia Johnson (nurse case manager)  
Kelly Swenson (nurse case manager)  
Renata Caponigro (director of nursing)  
Devon Shika (nursing resource coordinator)  
Sheila Kersten (administrative assistant)  
Ben Franks (administrator)



Dove Healthcare - Osseo thanks Nurse **Nancy Hicks** for her invaluable service to our residents, and we wish her all the best on her next adventure!







# Messages of thanks to **JASS BAUER** for going... *Above & Beyond*

**Lynette Meyer, a former resident:** "I would like to nominate Jass for the Above & Beyond Award! Jass was wonderful to work with, and I enjoyed her caring, patient, kind, and humorous approach. She went above and beyond what was expected with discharge plans and made sure my goals were realistic and in place so I would succeed at home. I will miss Dove Healthcare - Osseo and all my new friends, but they are only a phone call away, and I will be calling. Thank you so much, everyone!"

**Anna, Environmental Services Director:** "One of the best things about Jass is her never ending positivity and willingness to help. She deals with difficult situations and circumstances with grace and keeps a smile on her face. My favorite quote from her is, 'I have no clue how to do it, but I can help if you need. You just have to show me, maybe draw a picture, but I am here if you need me!' Jass is knowledgeable, confident, and has a great sense of humor. We are very lucky she is on our team!"

**Audra Christopher, Nutritional Services Director:** "Jass is a genuine 'GEM'! Her years of experience show in her guidance and care for our residents, family members, employees, and everyone in between. Her creativity and sense of humor are priceless. I am proud to work alongside of Jass (while I secretly envy her wardrobe)! Thank you, Jass, for all you do every day!"

**Ben Franks, Administrator:** "Jass has been such a joy to work with. She has the innate ability to build connections with people from all different walks of life and find ways to help them. She is very knowledgeable in what she does and has the ability to problem solve independently. Jass is a great team player and steps up to the plate whenever help is needed. Our team and our residents are very lucky to have her. Thank you for all that you do, Jass!"

**Devon Shilka, Nursing Resource Coordinator:** "I'm new here, and Jass has been a crucial part of making me feel like I am in the right place. Whether she is talking to me directly or I hear her welcoming someone into her office, her calm and humorous demeanor is something that makes everyone feel 'at home'. I can always count on Jass to pop her head in my office in the afternoon and give me the mid-day belly laugh that I am often needing. Witnessing first-hand the relationships Jass has created with not only our employees, but our residents and tenants is something that is truly inspiring. We are so lucky to have, Jass!"

**Julia Johnson, Nurse Case Manager:** "Jass is dedicated to creating a positive work environment by willingly taking on tasks outside those expected of her when needed. She is quick to follow up with residents and family to help improve their time at Dove Healthcare, occasionally thinking up some outside of the box solutions which help to create the most caring environment for both employees and residents. I appreciate all she does to help me!"

**Kelly Swenson, Nurse Case Manager:** "Dove Healthcare is so fortunate to have Jass as part of our team. She consistently goes above and beyond by demonstrating exceptional leadership, dedication, and a proactive approach to improving the lives of our residents. She often goes the extra mile to advocate for our residents and ensure resources are effectively utilized. She has an excellent rapport with our residents. Jass works closely with families and community agencies to ensure the highest levels of care are achieved, and she maximizes available resources to ensure quality of life. Thank you, Jass, for all you do in making a difference in the lives of our residents!"

**Sheila Kersten, Administrative Assistant:** "Dove Healthcare - Osseo is incredibly blessed to have such a helpful social services director to assist our residents and their family members adjust to residing here, whether short-term or long-term. Jass pays close attention to the admissions process, assessing psychosocial and emotional care of our residents; supporting residents in maintaining important relationships with family, friends, and fellow residents; as well as addressing many different questions and needs. Jass is the key team member to assess and plan psychosocial services with care plans to deliver these important services. Jass is a vital member of our leadership team and a part of providing the best service imaginable to our residents of Dove Healthcare - Osseo. Thank you, Jass, for all your valuable work."

**Thea Kurth, Recreation Director:** "Thanks, Jass, for all you do for our residents and families. It does not go unnoticed!"



## April is Occupational Therapy Month

Article by Emily Erickson, regional assistant director of rehabilitation, and Amy Scribner, rehabilitation director and COTA at Dove Healthcare - Spooner.

The American Occupational Therapy Association defines occupational therapy (OT) as the only profession that helps people across the lifespan do the things they want and need to do through the therapeutic use of daily activities.

The profession was born in 1917, the same year the U.S. entered World War I. The sudden need for rehabilitation of soldiers from physical injuries and shell shock was formative in occupational therapy falling under the umbrella of physical medicine, as well as mental health.

Through the process of evaluation, assessment, and interventions, occupational therapists help their patients overcome limitations and restore independence in the activities that matter most to each individual patient.

### OT is helpful in the treatment of:

-stroke	-spinal cord injury
-traumatic brain injury	-developmental disabilities
-cerebral palsy	-low vision
-Parkinson's	-amputation
-orthopedic conditions, including rotator cuff tear /repair, carpal tunnel syndrome, tendonitis, and arthritis.	

### Benefits may include:



- **maintaining or regaining** the ability to perform daily tasks such as bathing, dressing, eating, and personal hygiene
- **learning** how to use recommended adaptive equipment to increase independence with self-cares
- **strengthening** fine and gross motor skills, **improving** coordination and mobility
- **assisting** with fall prevention through environmental modifications and recommendations (i.e. decluttering a space to make it easier to maneuver through, getting rid of throw rugs to decrease the chance of a walker getting caught up on it)
- **completing** home assessments to determine the need for equipment at home, such as a bath bench or toilet riser
- **improving** or maintaining a caregiver's health and wellness by increasing a care receiver's level of independence with transfers, standing, cares

For more information, contact Regional Director of Rehabilitation Angella Niblett: 715-723-9348, ext. 1243



"I chose OT for a career because I have always loved taking care of and helping people. I knew it would be the best of both worlds to care and teach independence to my patients. I love being able to see the progression patients make from day one to discharge home."

- **Lauren Starkey, COTA and rehabilitation manager, Dove Healthcare – Osseo and South Eau Claire**

"I choose an OT career because I wanted to spend quality time with people and be creative. OT was the perfect fit! My favorite part about being an OT is helping people regain participation in the daily activities that are important to them." - **Morgan Cousineau, OTR, Dove Healthcare - Osseo**



## It's a Full House at Dove Healthcare – Osseo Assisted Living



All 40 apartments at Dove Healthcare - Osseo Assisted Living are now occupied, and so we celebrated with a walking taco bar party! This is a wonderful achievement, and we are so grateful for everyone's support.

**We welcome inquiries about our apartments and tours year-round and are happy to add your name to our growing wait list.**



Dove Healthcare's assisted living directors and assisted living nurse consultant team recently gathered for their quarterly meeting, a wonderful day of learning and collaborating!

Front row:

Nurse Consultants Abbie, Rachel, and Lisa

Back row: Directors Jena (Barron), Jenni (Osseo), Katie (Bloomer), Kena (Chippewa Falls), Steve (Spooner), and Jessie (Eau Claire)

## An Update from the Director of Dove Healthcare - Osseo Assisted Living!

Happy Spring!

Another busy month here in the assisted living! Some really nice weather days and we were able to get out for a bus ride, which of course is always a good time! Hopefully we have seen the last of the snow until next winter. We have tried a few new games which I think everyone has enjoyed!

We also celebrated being at full census with a walking taco fiesta! The event featured fun decorations, yummy food, and margaritas. Thanks to everyone who helped with the party!

We also ordered our trishaw bike we have been fundraising for quite some time. Thanks to Thea, our recreation director, for working so hard on fundraising and seeing this come to fruition. We are so excited for when the trishaw arrives, and we can go for a spin around Osseo!



Jenni Lange, Director

**To learn more about Dove Healthcare - Osseo Assisted Living:**

web: [dovehealthcare.com](http://dovehealthcare.com)

phone: 715-597-1796

email: [info@dovehealthcare.com](mailto:info@dovehealthcare.com)



**A BIG THANK YOU**  
*to Tom and Clia Bethke  
for the amazing digital  
piano donation. What a  
blessed gift of music for  
years to come!*



## Meet our 2025 Recipients of the \$2,500 Sandy Rasmussen Scholarship

We are excited to announce the recipients of Dove Healthcare's 8th Annual \$2,500 Sandy Rasmussen Scholarship Award. **Congratulations to Destiny Pichla at Dove Healthcare - Regional Vent Center and Spencer Herrick at Dove Healthcare – Bloomer!**



This scholarship was created in honor and appreciation of Sandy Rasmussen, a dedicated, hard-working, and compassionate employee of Dove Healthcare – Rutledge Home for over 50 years! Sandy served in a variety of roles over the years, from resident assistant to nutritional services director. She has also served her community through countless hours fundraising for the Alzheimer's Association and American Cancer Society.

Scholarship Committee Chair Kena Luzinski shared, “Destiny and Spencer emulate Sandy’s compassion and energy. We are honored to be able to help them advance their education and career in healthcare.”

**Destiny**, a CNA and medication aide, is enrolled in the nursing program at Northwood Technical College, while **Spencer**, an LPN, is completing the nursing program at CVTC. Both have achieved Dove Healthcare’s signature **HomeGROWN** status during their time with us.

*continued...*

*...continued*

Director of Nursing Ashley Spaeth had this to say about Destiny, “Destiny is very competent of her job duties and continues to challenge herself and grow. She is a CNA, CNA mentor, and medication aide. Destiny demonstrates compassion for our residents, a clear sense of responsibility, excellent organizational skills, and has gone above and beyond her duties.”

Nurse Case Manager Kari Engelstad had this to say about Spencer, “Spencer is kind, outgoing, and eager to learn. He is hard working and very well liked by his peers and the residents. In addition to his impressive work ethic, Spencer is a natural leader and a humble employee. He has a great attitude and is always willing to help out a fellow co-worker.”

*We are so grateful for everyone that took the time to apply for this scholarship. Dove Healthcare is blessed with bright, talented individuals.*

## Nursing Headlines

As we move into April, it is time to get motivated and start moving more! National Move More Month is a great time to commit to getting active and improving your health. There are many benefits to being active, including reducing your risk of chronic diseases, improving your mental health, and increasing your energy levels. No matter what your fitness level is, there are ways that you can get moving and improve your health this month. For example:

- Go to the gym
- Go for a walk every day
- Play a sport

Move More Month is a great time to get active and have some fun. There are many activities to choose from, so it is easy to find something that fits your interests and schedule. Whether you are looking for a vigorous workout or something more low-key, there is sure to be an event that appeals to you. Get moving today!

*Article contributed by Vickie Haney, RN, Director of Nursing at Dove Healthcare - Rice Lake*





## Another Incredibly Fun Breakfast with a Leprechaun!



**Happy St. Patrick's Day from all of the lads and  
gals from Dove Healthcare -  
Osseo and Osseo Assisted Living!**



**We brought the beach to  
Dove Healthcare - Osseo  
Assisted Living! This new  
palm tree image is a nice  
touch as the weather starts  
to warm up.**



**Our tenants of the assisted  
living enjoyed a beautiful  
Put-Put to Pizza Hut!  
Yum, yum!**





## ON THE ROAD AGAIN!



## A Minute with Maintenance

Spring is here, and the robins and red wing black birds have returned! We usually have a goose family by our pond as well. We are excited to get outside and get ready for summer!

I am sure there will be a few more cold days and even snow, so please continue to be cautious when and if it comes again. Wisconsin winters sometimes like to hang on as long as they can (sadly).




Happy Spring!  
Anna, Environmental Services Director







# April Recreation Calendar 2025

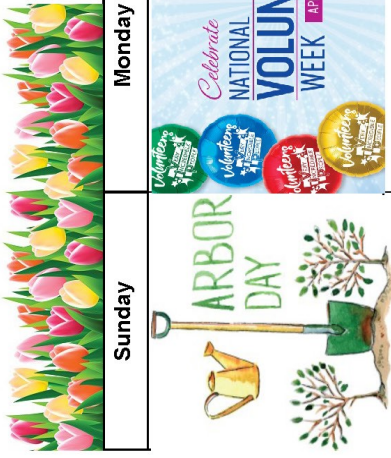
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> 8:30-Exercises 10-Bible Study 2-Bridge-O 2:30-Social Hour 6-Majority Rules	<b>2</b> 8:30-Exercises 1-Beautician 10:30-Gift Cart 2-Big Dice! 2:30-Social Hour 6:30-Mennonite Sing along	<b>3</b> 8:30-Exercises 10:30-Pretty Fingers 1-Catholic Communion 1:30-Social Hour 2-Lenten Service with Elk Creek Lutheran 6-Majority Rules!	<b>4</b> 9-Beautician 12:15-Art Club 2-Bingo 2:30-Happy Hour 6-Majority Rules	<b>5</b> 1--Color Bingo 1:30-Social Hour 6-Majority Rules!
<b>6</b> 2-Worship Service With Elk Creek Lutheran 2:30-Social Hour 6-Majority Rules!	<b>7</b> 8:30-Exercises 9-Book Club 2-Res. Council Meeting 2:30-Social Hour 6-Majority Rules	<b>8</b> 8:30-Exercises 10-Bible Study 2-Roll for Gifts! 2:30-Social Hour 6-Majority Rules	<b>9</b> 8:30-Exercises 1-Beautician 10:30-Gift Cart 2-Music with Music Magic 6:30-Mennonite Sing a-long	<b>10</b> 8:30-Exercises 10:30-Pretty Fingers 1-Catholic Rosary 2-Lenten Service with Trinity Lutheran 6-Majority Rules!	<b>11</b> 9-Beautician 12:15-Art Club 2-Bingo 2:30-Happy Hour 6-Majority Rules	<b>12</b> 1-Music Bingo 1:30-Social Hour 6-Majority Rules!
<b>13</b> 2-Worship Service With Trinity Lutheran 2:30-Social Hour	<b>14</b> 8:30-Exercises 10-Book Club 2-Bridge-O 2:30-Social Hour 6-Majority Rules	<b>15</b> 8:30-Exercises 9-Morning Visits 10-Bible Study 2-Pokeno 2:30-Social Hour	<b>16</b> 8:30-Exercises 1-Beautician 10:30-Gift Cart 2-Brown Bag 2:30-Social Hour	<b>17</b> 8:30-Exercises 10:30-Pretty Fingers 1-Catholic Communion 2-Lenten Service with Peace Lutheran	<b>18</b> 9-Beautician 10-Easter Egg Hunt 2-Bingo 2:30-Happy Hour	<b>19</b> 1-Easter Bingo 1:30-Social Hour 6-Majority Rules!
<b>20</b> 2-Worship Service With Peace Lutheran 2:30-Social Hour 6-Majority Rules!	<b>21</b> 8:30-Exercises 10-Book Club 2-Auction 2:30-Social Hour 6-Majority Rules	<b>22</b> 8:30-Exercises 10-Bible Study 2-Balloon Volleyball 2:30-Social Hour 6-Majority Rules	<b>23</b> 8:30-Exercises 1-Beautician 10:30-Gift Cart Lunch-make your own Sundaes 1-Van Ride	<b>24</b> 8:30-Exercises 10:30-Pretty Fingers 1-Catholic Mass 2-Penny Antie 2:30-Social Hour	<b>25</b> 9-Beautician 12:45-Pokeno 2-Bingo 2:30-Happy Hour 6-Majority Rules	<b>26</b> 1-Tree Bingo 1:30-Social Hour 6-Majority Rules!
<b>27</b> 2-Worship Service With St. Peters 2:30-Social Hour 6-Majority Rules!	<b>28</b> 8:30-Exercises 10-Book Club 2-Spin & Win! 2:30-Social Hour 6-Majority Rules!	<b>29</b> 8:30-Exercises 10-Bible Study 2-Monthly Birthday Party with Todd Barlett 6-Majority Rules	<b>30</b> 8:30-Exercises 1-Beautician 10:30-Gift Cart 2-Wheel of Fortune 2:30-Social Hour	Salon is open on Monday & Friday 9am-1PM & Wednesday 1PM. Please contact activity department to make your appointment	This calendar is subject to change based on tenant needs, interests, and current infection control guidelines.	

Find us on





Facebook

**Dove Healthcare – Osseo (skilled nursing & rehabilitation center)**



# April Recreation Calendar 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <b>6</b> 2-Worship Service With Elk Creek Lutheran 2:30-Social Hour	 <b>7</b> 8:30-Exercises 9-Book Club 1-Fruit Bingo 1:30-Social Hour	<b>8</b> 8:30-Exercises 9:45-Shopping @ Stockman's 10-Bible Study 1-Roll for Gifts!	<b>9</b> 8:30-Exercises 9-Beautician 9:30-Gift Cart 1-Bingo 1:30-Social Hour 2-Music with Music Magic	<b>10</b> 8:30-Exercises 1-Bean Bags 1-Catholic Rosary 1:30-Social Hour 2-Lenten Service with Trinity Lutheran	<b>11</b> 9-Beautician 12:15-Art Club 12:45-Pokeno 1:30-Happy Hour	<b>12</b> 1-Bingo 1:30-Social Hour
<b>13</b> 2-Worship Service With Trinity Lutheran 2:30-Social Hour	<b>14</b> 8:30-Exercises 10-Book Club 1-Bridge-O 1:30-Social Hour	<b>15</b> 8:30-Exercises 9-Morning Visits 10-Bible Study 1-Pokeno 1:30-Social Hour 6-Augusta One Voice	<b>16</b> 8:30-Exercises 9-Beautician 9:30-Gift Cart 1-Bingo 1:30-Social Hour	<b>17</b> 8:30-Exercises 1-Bean Bags 1-Catholic Communion 1:30-Social Hour 2-Lenten Service with Peace Lutheran	<b>18</b> 9-Beautician 10-Easter Egg Hunt 12:45-Pokeno 1:30-Happy Hour	<b>19</b> 1-Bingo 1:30-Social Hour
<b>20</b> 2-Worship Service With Peace Lutheran 2:30-Social Hour	<b>21</b> 8:30-Exercises 10-Book Club 1-Coverall 2-Auction	<b>22</b> 8:30-Exercises 10-Bible Study 1-Uno 1:30-Social Hour 11-Out to eat @ Black Creek for tacos	<b>23</b> 8:30-Exercises 9-Beautician 9:30-Gift Cart Lunch-make your own Sundaes 1-Bingo 1:30-Social Hour	<b>24</b> 8:30-Exercises 1-Bean Bags 1-Catholic Mass 1:30-Social Hour	<b>25</b> 9-Beautician 12:15-Art Club 12:45-Pokeno 1:30-Happy Hour	<b>26</b> 1-Bingo 1:30-Social Hour
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