

## **Suggested Items for Your Assisted Living Apartment**

### **Furniture** *(If you opt to bring your own furniture, please consider the following list.)*

- Bed, nightstand, and dresser
- Lamps including light bulbs
- T.V. / Stand
- Love seat and/or arm chair *(chairs with arms are highly recommended)*

### **Bathroom and/or Vanity**

- Hand towels and washcloths
- Hand soap / soap dish / cup
- Wastebasket
- Bathing items (shampoo, soap, shaving items, etc.)
- Incontinence products, wet wipes, and tissues
- Other personal toiletries

### **Kitchen**

- Hand towels and washcloths
- Dish soap and paper towel
- Dishes, cooking ware, and utensils

### **Miscellaneous**

- Pillow(s), sheets (at least 2 sets), comforter, blanket, mattress pad
- Night lights
- Phone, alarm clock, and radio
- Laundry basket or hamper
- Pictures (please allow maintenance to hang these for you)
- As a fall prevention measure, we recommend stockings with “grippers” on the bottom
- Command Hooks (required for installing items on the wall)

### **Please Note:**

- Prior to the resident residing in the room, please unpack boxes and put away items. Boxes and clutter pose a significant fall hazard.
- For your safety, furniture placement must allow for full access and a safe walking path for the resident and employee.
- Assistive devices, such as toilet seat risers and assist bed rails, must be approved by our maintenance department prior to your use.
- Before plugging into an electrical outlet, all electrical items (i.e. toaster, coffee maker, microwave) must be checked by our maintenance department.

### **For Your Safety!** **Please Do Not Bring:**

- Extension cords
- Throw rugs
- Step stool, foot stool, or ottoman
- Chair(s) with wheels or rocking capabilities
- Bed with wheels (or wheels must lock)