

## Congratulations to Valeria Perez! July 2025 Employee of the Month



Join us in congratulating Valeria Perez from our nutritional services team as our July 2025 Employee of the Month! Valeria has been a valuable member of our Dove Healthcare - Lodi team since June 2024, demonstrating her strong work ethic with her responsibility and attention to detail.

Valeria consistently goes above and beyond for her residents and her team. She has recently joined the ranks of Dove Healthcare's **HomeGROWN** program while participating in the CNA Class with the **Healthcare Workforce Training Institute**. We are excited to watch her grow as she furthers her career in healthcare!

Nutritional Services Director Melissa Guethlein shared, "Our team is very lucky to have Valeria as such a vital part of it. She stays on top of things, demonstrates thoroughness and dedication, and maintains a great relationship with her coworkers and residents. Her positive attitude is a perk when it comes to the quality work she provides. Valeria's contributions have made a significant impact on our team, and we are excited to see where the next steps in her healthcare career take her!"

Assistant Administrator Casey Hathaway shared, "Valeria is very deserving of this award. She always shares a positive attitude and comes to work with a smile. She strives for high-quality results in all tasks, and works well with others. She is a hard worker and is not afraid to put in the effort to reach her goals. Congratulations, Valeria!"

Thank you, Valeria, for sharing your quality work with us. We are so lucky to have you on our team. Congratulations!

## Do you know Clint Black? Check this out!

Our recreation team saw Grammy award-winning country music artist Clint Black in concert last month, and they were lucky enough to run into him after the show! He asked all about what our team does at Dove Healthcare - Lodi and complimented us for being "Some of the nicest people." He was even kind enough to say hello to all our residents! Check the video out on our Dove Healthcare - Lodi Facebook page.



**Back: Kialea Fox, Lilly Barthalomew**  
**Front: Clint Black, Neiley Ripp, Adysen Young, Josie Wakefield**

Thank you, Clint, for your kindness and for surprising our residents with such a special video. We were so happy to meet you!

## Nutritional Notes

As summer rolls in get ready for some super refreshing menu additions! We're talking juicy watermelon slices, cool yummy pasta salads, and a light lemon chicken.

Our team is cooking up a special July 4th feast just like you asked for! We're planning to have some awesome homemade pizza burgers, complimented with crispy chips and dip, and served with refreshing watermelon. The grand finale is a delectable apple pie served al dente.

*For our residents:* Please be sure to let the kitchen team know *in advance* if you need to reserve meals for your visiting friends and family during these fun summer holidays.

I'm looking forward to spending these sunny days, and celebrating these fun summer holidays with you!

**Melissa Guethlein**  
**Nutritional Services Director**  
**608-592-1361**  
**melissa.guethlein@dovehealthcare.com**



## A fun Summer Recipe!

This is one of those desserts that looks pretty fancy, but is actually really easy to make! And it's absolutely delicious. The base, or "pizza crust", is a great big sugar cookie made from refrigerated cookie dough. The creamy filling is a super simple no bake cheesecake mousse, and then the flag is created with fresh blueberries and raspberries.

### American Flag Fruit Pizza

Ingredients:

1. 1 tube refrigerated sugar cookie dough
2. 8oz softened cream cheese
3. 2/3 cup vanilla extract
4. 8oz whipped topping (thawed)
5. 12oz fresh raspberries
6. 1 pint fresh blueberries

Directions:

**Step 1.** Preheat oven to 375 degrees.

**Step 2.** Open tube of cookie dough and slice into 1/4 inch pieces.

**Step 3.** Please cookie dough slices on a lightly greased 12 inch pizza pan and press into an even layer. (If desired, reserve one slice of dough and bake it separately, using a cookie utter to cut a star.

**Step 4.** Bake cookie crust 11-12 minutes until lightly browned. Cool. Meanwhile, wash the berries.

**Step 5.** Beat cream cheese, sugar, and vanilla extract together until smooth. Beat in half the whipped topping and fold in the remaining half.

**Step 6.** Scoop a little less than half of the cream cheese mixture onto the cookie crust and spread it all the way to the edges of the crust.

**Step 7.** Use blueberries to outline the pizza and create the blue portion of the flag and top with the star cookie.

**Step 8.** Use raspberries to create seven red stripes.

**Step 9.** Use the rest of the cream cheese mixture to pipe the pipe stripes

**Step 10.** Keep in fridge until ready to serve.







# Find us on Facebook

## Follow Us on Facebook!

[facebook.com/dovehealthcarelodi](https://facebook.com/dovehealthcarelodi)

If you're not already following us on Facebook, we invite you to check out the page and consider following it to stay connected with all of the wonderful activities that take place here! Please also invite your loved ones near and far to follow the page too. We'll always share some photos in our monthly newsletter; Facebook is just a great way to keep in touch.

## Do You Have a Loved One Residing at Dove Healthcare?

### MESSAGE A RESIDENT

We invite you to try out a communication tool on our website and surprise your

loved one with a special greeting. Scroll to the bottom of any page on [dovehealthcare.com](https://dovehealthcare.com) and click on the button "Message a Resident". Just fill out the fields provided and your message will be emailed to a designated employee at the location you select. They will then print and deliver the message to your loved one. Give our recreation department a call if you have any questions.

## Recognize a Dove Healthcare Employee

### RECOGNIZE AN EMPLOYEE

We invite you to recognize a Dove Healthcare employee who went

above and beyond in their work during your time with us.



Scan QR code, or visit [dovehealthcare.com/recognize](https://dovehealthcare.com/recognize) today. Please be specific and briefly explain how the employee went above and beyond. Did they exceed the needs of a resident?

Did their attitude and actions promote a positive experience? Your message will be printed and delivered to the Dove Healthcare employee within a week. We look forward to hearing from you.

## The Mindful Minute

### Gentle Movement, Deep Renewal: Restorative Sessions for Our Residents

As we age, staying active doesn't have to mean doing more — sometimes it's about doing less, with greater intention. Our Restorative Movement Program is designed especially for our residents, offering gentle practices that support joint mobility, balance, and deep relaxation.

Each class focuses on slow, mindful movements to ease stiffness in the hips, shoulders, and spine — helping you feel more comfortable and confident in your body. With soothing breath work, calming stretches, and the support of props, you'll leave feeling renewed and at ease.

### Weekly Schedule with Rhonda:

*Mindful Mornings* – Mondays at 10AM

*Mindful Movements* – Wednesdays at 9:45AM

*Mindful Massage* – Fridays at 10AM

Join us and give your body the gentle care it deserves — because wellness is lifelong.

**Are you looking to volunteer?** Popular events where your volunteerism is sincerely appreciated:

**Bingo  
Music**

**Art Projects  
Community events**

**As always, we welcome donations of popular gift shop and bingo items such as soda, candy and snacks, seasonal décor, team hats/shirts, stamps, stationary, etc. We thank you in advance for your support!**

Please contact me if you have any questions about volunteering. I look forward to hearing from you!

**Josie Wakefield, Recreation Director**

**608-592-6731**

[josie.wakefield@dovehealthcare.com](mailto:josie.wakefield@dovehealthcare.com)



*Caring for Wisconsin* PERSONAL. LOCAL. LOYAL.

## Recreation Highlights



Summer is in full swing, and we are making the most of it. Get ready for a July packed with fun and adventure! This month, we're excited to offer a variety of activities perfect for enjoying this summer weather. From outdoor adventures to relaxing get-togethers, there's an activity for everyone to enjoy! We've got

another exciting month ahead of us, so let's jump into July with excitement!

Tap into your patriotic spirit with our **independence day wreath project!** This activity is the perfect chance to come together with other crafters and create a beautiful festive wreath to showcase your American pride. We will start our craft in the **recreation room on Tuesday, July 1 at 10:30AM**, and finish it on **Wednesday, July 2 at 2PM**. If you miss one class, don't hesitate to join the other, as this is the kind of craft you can join in at any time!

Help us celebrate the 4th of July at our annual **Independence Day Picnic on Wednesday, July 3 at 2PM**. All are welcome to join the festivities to show off your patriotic spirit! Enjoy a relaxing environment, classic music, and delicious food with great company. Don't miss out on the perfect way to celebrate our nation's birthday with family and friends. Join us on the back patio outside the recreation room!

As always, we are happy to see Susan Frankland again for her monthly **sing-along on Tuesday, July 8 at 10:30AM!** On **Thursday, July 24 at 2PM**, we encourage residents and families to **join us in the recreation room** as we enjoy **entertainment from Campfire Kevin and celebrate all our friends with July birthdays** over cupcakes and ice cream!

On **Tuesday, July 15 at 2PM** we will have our Monthly **BINGO Bash!** Employees, residents, families, and friends, we encourage you to join us in the recreation room for this fun game of BINGO. The more the merrier!

Beat the heat and treat yourself at our **Summer Snow Cone Social!** Join us for an afternoon of sweet and icy fun with friends on **Wednesday, July 30 at 2PM**. With a variety of flavors to choose from, this activity is perfect for cooling down on a hot day. Can't wait to see you there!

### ...continued

Join us for a day of celebration! **On Monday, July 14** we will celebrate our 2025 Lodi Ag Fair participants. To start the day, at **10:30AM** we will host our **Fair Project Award Ceremony** in the recreation room. This special event honors the hard work, creativity, and dedication of all the crafters who participated in this year's Lodi Ag Fair. Show up ready to applaud as we present awards in various categories, and celebrate the hard work and achievements of our peers! At **2PM** we will continue our celebration with **celebration treats**. All are welcome to join us to help us celebrate our 2025 fair participants in the recreation room with music, friends, great times, and a sweet treat!

On **Friday, July 25 at 2PM**, friends, families, and employees are invited to join us in the recreation room for our **FriYAY Happy Hour**. Not your average Happy Hour - we will enjoy delightful mocktails and snacks, while appreciating our companionship and listening to fun music.

Join us for our **Back Patio Socials!** Beat the heat and mingle with friends on **every Wednesday at 2PM**. We'll have refreshing drinks, tasty snacks, and great company. It's the perfect way to unwind and enjoy these summer days together!

All are welcome to join us for a time of reflection and community **every Sunday at 10:30AM** for our **Non-Denominational Worship Circle**. Led by our recreation team, it's a welcoming space for everyone to connect and find inspiration. Stay afterward for coffee!

**Bingo is hosted in every Tuesday at 2PM and Happy Hour every Friday at 2PM!** Residents are able to get their fingernails done at **Fancy Fingers every Sunday from 1-4PM**. **Dietary Discussion** will be hosted in the recreation room **on Tuesday, July 15 at 10:30AM**, followed by **Resident Council at 11AM**.

As we look forward to another month of fun in the sun, I hope it brings you new adventures and memorable moments. Surround yourself with positive energy and good vibes at our activities this July, and take opportunities to embrace new experiences. Wishing you a truly spectacular July, filled with everything that makes you smile!

**Josie Wakefield, Recreation Director**  
**608-592-6731**  
[josie.wakefield@dovehealthcare.com](mailto:josie.wakefield@dovehealthcare.com)

continued...

## Special Events this Month!

### Independence Day Wreath Project

**Tuesday, July 1 at 10:30AM**

**Wednesday, July 2 at 2PM**

Show off your patriotic spirit with our fun and festive Independence Day wreath project! This is a fantastic way to come together, get creative, and celebrate the 4th of July! Join us in the recreation room.

### Independence Day Picnic

**Thursday, July 3 at 2PM**

Come celebrate Independence Day with food, fun, and friends at our annual 4th of July picnic. Enjoy a relaxing environment, classic music, and delicious food with great company. Don't miss out on the perfect way to celebrate our nation's birthday with family and friends. Join us outside!

### Back Patio Social

**Every Wednesday at 2PM**

Residents, families, and friends are invited to join us on our back patio to enjoy the beautiful weather and each other's company. We will play music and enjoy beverages, and stay outside as long as we please, weather permitting.

### Sing-Along With Susan Frankland

**Tuesday, July 8 at 10:30AM**

Join us in the recreation room for a fun sing-along with a wide selection of classic songs we all know! Song books will be provided.

### Monthly Birthday Party!

**Thursday, July 24 at 2PM**

Join us in the recreation room! Families of our residents are invited to join us for our monthly birthday party to celebrate all our friends with July birthdays. Live music by Campfire Kevin!

### BINGO Bash!

**Tuesday, July 15 at 2PM**

Come play BINGO with us!

Employees, residents, families, and friends, we encourage you to join us in the recreation room for a fun game of BINGO! The more the merrier!

### Summer Snow Cone Social

**Wednesday, July 30 at 2PM**

Beat the heat and treat yourself at our Summer Snow Cone Social! Join us for an afternoon of sweet and icy fun with friends. With a variety of flavors to choose from, this activity is perfect for cooling down on a hot day. Can't wait to see you there!

### Fair Project Award Ceremony

**Monday, July 14 at 10:30AM**

Join us for a day of celebration! This special event honors the hard work, creativity, and dedication of all the crafters who participated in the 2025 Lodi Ag Fair. Show up ready to applaud as we present awards in various categories, and celebrate the hard work and achievements of our peers!

### Celebration Treats

**Monday, July 14 at 2PM**

Join us for a day of celebration! After all the hard work we put into our 2025 Lodi Ag Fair Projects, we deserve to celebrate with a sweet treat. Help us celebrate and join us in the recreation room for all the celebratory measures, classic music, good friends, and great times!

### Trivia

**Friday, July 4 at 10:30AM**

**Thursday, July 17 at 10:30AM**

Test your knowledge and challenge yourself at our July Trivia activities. Join us on the 4th of July at 10:30AM for Red, White, & Blue Trivia to continue our Independence Day Celebration. Then, join us again on Thursday, July 17 at 10:30AM for our classic monthly trivia - this month featuring July!

### FRIYAY Happy Hour

**Friday, July 25 at 2PM**

Not your average Happy Hour. Join us for music, popcorn, mocktails, snacks, and more in the recreation room for an employee and resident FRIYAY Happy Hour Party!

# HAPPY BIRTHDAY

### Happy Birthday to our Residents!

Marjorie R. - July 1

Julie T. - July 2

Beverly B. - July 19

Clara B. - July 31

Linda M. - July 31



## Above & Beyond Recognition: Congratulations to Luis Sanchez!



Please help us thank Luis, maintenance assistant, for going Above & Beyond!

Josie shared, "Luis gave our recreation room a new, clean look with a fresh coat of paint. He got the entire room done in a week, while not interrupting any scheduled activities. He

never made us feel like we were in his way, and he never got in our way. A big thank you to him for making this room look so beautiful! Not to mention all the hallways, rooms, and offices Luis has painted too, this award is long overdue. We sure do appreciate him and all he does!"

Incredible job, Luis! Thanks so much for transforming our recreation room into a fresh new space for fun. We sincerely appreciate all of your hard work!

## Recognize a Dove Healthcare Employee

### RECOGNIZE AN EMPLOYEE

We invite you to recognize a Dove Healthcare employee who went above and beyond in their work during your time with us.



Scan QR code, or visit [dovehealthcare.com/recognize](https://dovehealthcare.com/recognize) today. Please be specific and briefly explain how the employee went above and beyond. Did they exceed the needs of a resident? Did their attitude and actions promote a positive experience?

Your message will be printed and delivered to the Dove Healthcare employee within a week. We look forward to hearing from you.

## Above & Beyond Recognition: Congratulations to Josie Wakefield!



Please help us thank Josie, recreation director, for going Above & Beyond!

Don shared, "I have watched Josie since her first day in recreation. Many times, I have questioned her about something, and she's always had an answer. Josie puts

many people up on the board, but never her. She deserves to get put up on the board and recognized for a job well done."

This award is certainly well deserved, Josie! Thank you for all you do to create fun and engaging activities for our residents.

## Above & Beyond Recognition: Congratulations to Adam Kirchoffner!



Please help us thank Adam, environmental services director, for going Above & Beyond!

Beverly shared, "Adam is always friendly and tries to fix things as soon as he can. He's so patient. I like that he jokes around with me. He's

very busy, but he takes the time to get things fixed."

Thanks for always taking care of our building and the people in it, Adam! We appreciate you and all you do to keep our home in top shape. And thanks, Beverly, for taking a moment to recognize Adam.

## Our Sincere Sympathy

The Dove Healthcare family wishes to extend our sincere sympathy to the family of...



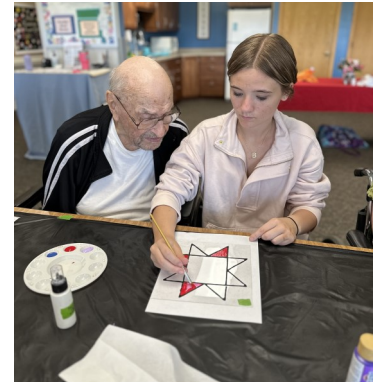
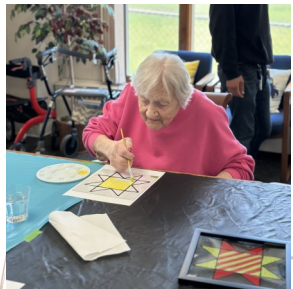
**Jeff Murphy**

Although gone from this place, his presence in our lives will remain a precious memory. Thank you for giving us the opportunity to care for your loved one.



# Memories from the Month

Hard at work on our 2025 fair projects!





## Memories from the Month



Marlene K.



Tina P.



### Gardening Girls!

Marlene & Tina worked hard together potting plants to display on our back patio!




### June Dairy Month Party! Wednesday, June 18, 2025





# July Recreation Calendar 2025

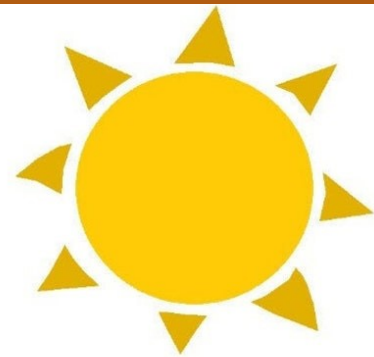
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Activity Location Key</b> RR - Recreation Room CH - Chapel FR - Family Room LB - Library LR - Living Room	The hair salon is available by appointment. Contact Recreation Director, Josie, to schedule. josie.wakefield@dovehealthcare.com (608) 592-6731	Marj's Birthday! 10:00 Newsletter Reading 10:30 Independence Day Wreath Project (RR) 2:00 BINGO! (RR)	Julie's Birthday! 9:45 Mindful Movements w/ Rhonda! (RR) 10:30 Hydration Station 2:00 Independence Day Wreath Project (RR)	10:30 Mass (CH) 2:00 Independence Day Picnic! Independence Day Picnic!	Independence Day 10:30 Red, White, & Blue Trivia (RR) 2:00 Happy Hour! (RR)	Little Ladybug wordsearch & Cute Cupcakes crossword in the Family Room!
10:30 Non - Denominational Worship Circle (CH) 1:00-4:00 Fancy Fingers	10:00 Mindful Mornings (LR) 10:30 Cornhole (RR) 2:00 Bowl - A - Rama! (RR)	10:30 Sing Along with Susan Frankland! (RR) 2:00 BINGO! (RR)	9:45 Mindful Movements w/ Rhonda! (RR) 10:30 Hydration Station 2:00 Back Patio Social	10:30 Fair Project Review (RR) 2:00 Flower Arrangement Fair Project (RR)	10:00 Mindful Massage 10:30 Hoy BINGO! (RR) 2:00 Happy Hour! (RR)	10:30 Balloon Volleyball (RR) 1:30 Residents Choice Movie w/ Popcorn (RR)
10:30 Non - Denominational Worship Circle (CH) 1:00-4:00 Fancy Fingers	10:00 Mindful Mornings (LR) 10:30 Award Ceremony (RR) 2:00 Celebration Treats! (RR) Hair Salon: 10AM - 4PM	10:30 Dietary Discussion 11:00 Resident Council (RR) 2:00 BINGO Bash! (RR) With Lodi Area Garden Club	9:45 Mindful Movements w/ Rhonda! (RR) 10:30 Hydration Station 2:00 Back Patio Social	10:30 July Trivia (RR) 2:00 Water Pong (RR)	10:00 Mindful Massage 10:30 Noodle Ball (RR) 2:00 Happy Hour! (RR)	Bev's Birthday! 10:30 Bean Bag Toss (RR) 1:30 Residents Choice Movie w/ Popcorn (RR)
10:30 Non - Denominational Worship Circle (CH) 1:00-4:00 Fancy Fingers	10:00 Mindful Mornings (LR) 10:30 Coloring Pages (RR) 2:00 Coloring Pages (RR) Hair Salon: 10AM - 4PM	10:30 Bowling (RR) 2:00 BINGO! (RR)	9:45 Mindful Movements w/ Rhonda! (RR) 10:30 Hydration Station 2:00 Back Patio Social	10:30 Wheel of Fortune (RR) 2:00 July Birthday Party with Campfire Kevin! (RR)	10:00 Mindful Massage 10:30 Hoy BINGO! (RR) 2:00 FriYAY Happy Hour! (RR)	10:30 Target Toss (RR) 1:30 Residents Choice Movie w/ Popcorn (RR)
10:30 Non - Denominational Worship Circle (CH) 1:00-4:00 Fancy Fingers	10:00 Mindful Mornings (LR) 10:30 Table Top Air Hockey (RR) 2:00 Baseball (RR) Hair Salon: 10AM - 4PM	10:30 Beading Jewelry (RR) 2:00 BINGO! (RR)	9:45 Mindful Movements w/ Rhonda! (RR) 10:30 Hydration Station 2:00 Summer Snow Cone Social!	Linda & Clara's Birthday! 10:30 Pass The Pig (RR) 2:00 Horse Racing (RR)		The recreation calendar is subject to change based on resident needs, interests, and current infection control guidelines.



Find us on  
**Facebook**

**Dove Healthcare - Lodi**

**Questions: (608)592-6731 or josie.wakefield@dovehealthcare.com**



# Summer Word Search

# SUMMER

SUNSHINE

# SWIM

# BOAT

# CAMP

HIKE

# GARDEN

# PLAY

# BEACH

JULY

AUGUST

PARK

# PICNIC

# POPSICLE

# ICE CREAM

## SHORTS

## DRESS

# TRAVEL

## VACATION

SEASON

# GARDENY S M B M T O L S

N I A R M E L E S E E R W O U

U C I N C I P E A S I A M S N

L M L I N O I T A C A V R P S

P O P S I C L E O L D E K I H

U I P E C A M P I O O L F C I

Y T N S R E T L M D N T R E N

P W N S O E P A T G N E D X E

A U G R I A D Y B O A Y A T E

R L J U L Y G R S A S O U P A

K E F G L C E A T H I B G A S

B A L Y P A E N O C R E U R D

S H O R T S O O H A E H S H R

U Y P E M N O S A E S S T D E

C H E T A M C L Y B G M B E S

X L A O V Z B C O J B B T N S

F O S E M A E B C E C T O W L

## B L O S S U M M E R W B M O S