



Dove Healthcare

April 2025 Newsletter · Dove Healthcare - Bloomer

Meet our 2025 Recipients of the \$2,500 Sandy Rasmussen Scholarship

We are excited to announce the recipients of Dove Healthcare's 8th Annual \$2,500 Sandy Rasmussen Scholarship Award. **Congratulations to Destiny Pichla at Dove Healthcare - Regional Vent Center and Spencer Herrick at Dove Healthcare - Bloomer!**

Destiny & Sandy



Sandy & Spencer



This scholarship was created in honor and appreciation of Sandy Rasmussen, a dedicated, hard-working, and compassionate employee of Dove Healthcare – Rutledge Home for over 50 years! Sandy served in a variety of roles over the years, from resident assistant to nutritional services director. She has also served her community through countless hours fundraising for the Alzheimer's Association and American Cancer Society.

Scholarship Committee Chair Kena Luzinski shared, "Destiny and Spencer emulate Sandy's compassion and energy. We are honored to be able to help them advance their education and career in healthcare."

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Destiny, a CNA and medication aide, is enrolled in the nursing program at Northwood Technical College, while **Spencer**, an LPN, is completing the nursing program at CVTC. Both have achieved Dove Healthcare's signature **HomeGROWN** status during their time with us.

Director of Nursing Ashley Spaeth had this to say about Destiny, "Destiny is very competent of her job duties and continues to challenge herself and grow. She is a CNA, CNA mentor, and medication aide. Destiny demonstrates compassion for our residents, a clear sense of responsibility, excellent organizational skills, and has gone above and beyond her duties."

Nurse Case Manager Kari Engelstad had this to say about Spencer, "Spencer is kind, outgoing, and eager to learn. He is hard working and very well liked by his peers and the residents. In addition to his impressive work ethic, Spencer is a natural leader and a humble employee. He has a great attitude and is always willing to help out a fellow co-worker."

We are so grateful for everyone that took the time to apply for this scholarship. Dove Healthcare is blessed with bright, talented individuals.



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An Above & Beyond Recognition for Amanda!



Please help us thank Amanda for going Above & Beyond! Amanda, a CNA and medication aide on our team, was recognized by the family of Norma. They shared, "Amanda is a gold star employee. She is always patient and kind. Amanda always took the time to provide the extra little things, and she always explained tasks prior to performing them." Way to go, Amanda! Thanks so much for your hard work and dedication to quality care. (Amanda is pictured here with Norma's daughter, Tami, and daughter-in-law, Carol.)

You too can recognize an employee for going Above & Beyond: dovehealthcare.com/recognize

Meet our New Nurse Case Manager!

Please help us congratulate **Registered Nurse Jacob Palkowski** on his **HomeGROWN** promotion to long-term care nurse case manager at Dove Healthcare – Bloomer!



Jacob joined our team in 2020 while still in high school. Since then, he has steadily climbed the nursing career ladder from CNA, nurse tech, LPN, RN, and now nurse case manager.

Director of Nursing Jeni Greenwell shared, "Jacob has proven to be a loyal employee, and he has a great rapport with team members and residents alike. He has a 'problem solving' approach and attitude and offers excellent suggestions for improvement."

Abbie Pederson's recent transition to full-time infection preventionist and nurse educator provided an excellent opportunity to recognize Jacob and support him with a much deserved **HomeGROWN** promotion.

Thank you and congratulations, Jacob! We're so grateful for you.

Congratulations



Our Mission

As an innovative healthcare provider and community partner, we provide compassionate care and service to meet the needs of those who depend on us. We commit to excellence through adherence to high standards, disciplined leadership, and mutual respect for all.

ACTIVITY ANTICS

Jumping jellybeans, have I got some NEWS for YOU! Were you aware that not everyone in the world gets their Robin's Eggs and Cadbury confections delivered by a bunny?!?! It's true! In some places in Germany, the eggs are hidden by a rooster or a fox, the Easter Bilby hops by in Australia (you'll have to look it up; it looks like a mouse and a kangaroo got tangled up), and in Switzerland the Easter CUCKOO shows up with the goods. I am a big fan of the fuzzy bunny that we know. A rooster would be a risk for waking everyone up, the fox would likely EAT the eggs, the Bilby kind of weirds me out... and the Cuckoo is not only an annoying clock, but also a parasitic bird that lays its eggs in someone else's nest and lets *them* raise their young! I guess no matter who leaves my candy, I will enjoy every bite.

While on the topic, I should mention that we are planning for Holy Week and Easter, always a busy time steeped with reflection and traditions here. It will bring about some changes to the "usual" format of our activity week to accommodate those observances, so keep an eye on that calendar. We are working to get some lil' ones from a local daycare to join us for an egg hunt as well and will announce that when more information is available. **Easter Dinner will be served at noon on April 20!**

Another very special opportunity coming this month is **National Volunteer Appreciation Week April 20-26**. We are planning to "Wine and Dine" our volunteers this year on **Wednesday, April 23!** We have so many volunteers who are *top shelf* to us, and our programs are enriched by the time and talent they offer. We cannot wait to *uncork* some fun together! It might sound "cheesy", but I have high hopes for it to be a *sharp* event and *smooth* evening. Volunteers can look for a formal invite in their mailboxes soon!

March has been both lion and lamb, and I guess our activities were as varied as the weather! Both the Woodmohr and Haycreek Ramblers 4-H clubs performed their plays for us, we observed Ash Wednesday services, melted crayons for an abstract floral decoration during crafternoon, made both pistachio cupcakes and no-bake peanut butter bars in kitchen club, studied the history and mystery of Ancient Egypt, played dominoes, and partied it up during both Mardi Gras and St. Pat's!

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Whew! We hope you find ways to keep it fresh as well, just like that spring air that is blowing!

Hippety-Hoppety... or flappity-floppity... or whatever Bilby's do... Easter's on its way!

Laura Odness, Recreation Director

Happy National Volunteer Week!



Do you have an extra pair of hands to share? The outdoors are almost ready for us... and the winter has left our spaces in need of some sprucing up! If **gardening is your specialty**, we could use someone to help revitalize a flower bed that has gone wild, to help spread wood chips in all of the flower beds, and more.

If gardening is not your row to hoe, we always have **other opportunities** here, and surely there is something that aligns with your available time and strengths. Whether you **play cards, love to bake, or can take someone fishing** at the dock... please get in touch!

Laura Odness, Recreation Director
lodness@dovehealthcare.com 715.568.6011



Caring for Bloomer PERSONAL. LOCAL. LOYAL.

April is Occupational Therapy Month

Article by Emily Erickson, regional assistant director of rehabilitation, and Amy Scribner, rehabilitation director and COTA at Dove Healthcare - Spooner.

The American Occupational Therapy Association defines occupational therapy (OT) as the only profession that helps people across the lifespan do the things they want and need to do through the therapeutic use of daily activities.

The profession was born in 1917, the same year the U.S. entered World War I. The sudden need for rehabilitation of soldiers from physical injuries and shell shock was formative in occupational therapy falling under the umbrella of physical medicine, as well as mental health.

Through the process of evaluation, assessment, and interventions, occupational therapists help their patients overcome limitations and restore independence in the activities that matter most to each individual patient.

OT is helpful in the treatment of:

-stroke
-traumatic brain injury
-cerebral palsy
-Parkinson's
-orthopedic conditions, including rotator cuff tear /repair, carpal tunnel syndrome, tendonitis, and arthritis.
-spinal cord injury
-developmental disabilities
-low vision

Benefits may include:



- **maintaining or regaining** the ability to perform daily tasks such as bathing, dressing, eating, and personal hygiene

- **learning** how to use recommended adaptive equipment to increase independence with self-cares
- **strengthening** fine and gross motor skills, **improving** coordination and mobility
- **assisting** with fall prevention through environmental modifications and recommendations (i.e. decluttering a space to make it easier to maneuver through, getting rid of throw rugs to decrease the chance of a walker getting caught up on it)
- **completing** home assessments to determine the need for equipment at home, such as a bath bench or toilet riser
- **improving** or maintaining a caregiver's health and wellness by increasing a care receiver's level of independence with transfers, standing, cares

For more information, contact Regional Director of Rehabilitation Angella Niblett: 715-723-9348, ext. 1243



"I chose OT as a career because there are many different career options and avenues to continue to learn new things, meet new people, and help patients to be more independent in their daily lives. I like being able to use my skills to help people in many different ways." – **Patrick Finnegan, OTR, Dove Healthcare – Bloomer and Rice Lake**

Nursing Headlines

As we move into April, it is time to get motivated and start moving more! National Move More Month is a great time to commit to getting active and improving your health. There are many benefits to being active, including reducing your risk of chronic diseases, improving your mental health, and increasing your energy levels. No matter what your fitness level is, there are ways that you can get moving and improve your health this month. For example:



- Go to the gym
- Go for a walk every day
- Play a sport

Move More Month is a great time to get active and have some fun. There are many activities to choose from, so it is easy to find something that fits your interests and schedule. Whether you are looking for a vigorous workout or something more low-key, there is sure to be an event that appeals to you. Get moving today!

Article contributed by Vickie Haney, RN, Director of Nursing at Dove Healthcare - Rice Lake

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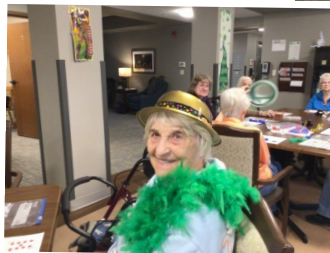


Greetings from Dove Healthcare - Bloomer Assisted Living! March came in like a lamb, but pretty much roared the rest of the month with snow, winds, and freezing cold. We stayed busy playing games, doing crafts, and we didn't forget to eat! We spent time with the **Spots and Stripes Daycare** kids. It's always so much fun having them around. We get tired just watching them; so much energy! We listened to beautiful harp music and enjoyed St. Patrick's Day too.

In the upcoming months, we will be starting an Employee of the Month recognition program. This will be tenant and family led. We encourage all tenants and family members to put in your vote on who you think deserves to be recognized each month. If you have any good words to share with the employee you choose, please send them to me. The winner will be posted on the board, as well as recognized on Facebook and in the monthly newsletter. Thanks for your support!

We are looking forward to a beautiful April and much warmer weather!

Katie Kuehn, Director kkuehn@dovehealthcare.com 715-568-2716



April (Skilled Nursing)



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 10:00 Worship w/ Bruce Metcalf 10:45 Food Committee 2:00 Catholic Mass 2:45 Hollywood	2 10:00 Devotions 2:00 April Crafternoon: Wood Block Chicks Popcorn Cart	3 10:00 Devotions 11:00 Rosary 11:15 Lunch Outing: Mainstreet Café 2:00 Shuffleboard	4 10:00 Manicures 2:00 Music w/ Larry Radle 3:00 Pub & Popcorn	5 10:30 Bingo! Independent Supplies Avail- able in altar area (word games, color- ing, puzzles, etc)
6 11:15 Worship w/ Pastor Fossum	7 10:00 What We Sow (Planting Devotions) 10:45 Monday Moves Exercise 2:00 Bingo! Popcorn Cart	8 10:00 Worship w/ Pastor Strand 10:45 Balloon Ball 2:00 Catholic Mass 2:45 Hollywood	9 9:30 Outing: St. Croix Casino Turtle Lake 10:00 Devotions 2:00 Afternoon Card Party Popcorn Cart	10 10:00 Devotions 11:00 Rosary 1:30 Let's Roll! Dice Games	11 10:00 Manicures 2:00 Music w/ John Lynch 3:00 Pub & Popcorn	12 10:30 Bingo! Independent Supplies Avail- able in altar area (word games, color- ing, puzzles, etc)
13 11:15 Worship w/ Pastor Fossum 	14 10:00 Devotions: The Palm Parade 10:45 Monday Moves Exercise 2:00 Easter Basket Bingo! Popcorn Cart	15 10:00 Worship w/ Paula Peterson 10:45 Balloon Ball 2:00 Catholic Mass 2:45 Hollywood	16 10:00 For a few pieces of Silver Devotions 2:00 Music w/ Jim Sexton Popcorn Cart	17 10:00 Maundy Thursday Devotions 11:00 Rosary 2:00 Egg Coloring & Candy Appreciation	18 10:00 Manicures 1:30 Good Friday Service 2:00 Social w/ Snacks  GOOD FRIDAY	19 10:30 Bingo! Independent Supplies Avail- able in altar area (word games, color- ing, puzzles, etc)
20 11:15 Worship w/ Pastor Fossum Easter Dinner @ Noon 	21 10:00 Devotions 10:45 Monday Moves Exercise 2:00 Bingo! Popcorn Cart	22 10:00 Worship w/ Pastor Rhodes 10:45 Balloon Ball 2:00 Catholic Mass 2:45 Hollywood	23 10:00 Devotions 2:00 April Word Games 4:30 Volunteer Appreciation Event	24 10:00 Devotions 11:00 Rosary 2:00 April Kitchen Club & Springtime Trivia	25 10:00 Manicures 2:00 Music w/ Roger Mickelson 3:00 Pub & Popcorn	26 10:30 Bingo! Independent Supplies Avail- able in altar area (word games, color- ing, puzzles, etc)
27 11:15 Worship w/ Pastor Fossum	28 10:00 Devotions 10:45 Monday Moves Exercise 2:00 Bingo! Popcorn Cart	29 10:00 Worship w/ Pastor Rimmereid 10:45 Balloon Ball 2:00 Catholic Mass 2:45 Hollywood	30 10:00 Devotions 11:00 Resident Council 2:00 Bean Bag Baseball Popcorn Cart	<div>Happy Birthday to... William R. April 3 Richard L. April 26</div> 		

April (Assisted Living)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 10:00 Worship with Bruce Metcalf 2:00 Catholic Mass 2:45 Hollywood	2 11:30 Chair Exercises 2:00 Card Club 3:00 Social & In The News	3 11:30 Chair Exercise with Deb 2:00 Baking Club 3:00 Social and Trivia	4 9:30 Manicures 10:30 Devotions 11:00 Exercises 2:00 Music w/ Larry Radle 3:00 Pub	5 10:30 Bingo!
6 11:15 Worship w/ Pastor Fossum	7 11:30 Chair Exercise 2:00 Bingo 3:00 Popcorn & Reading Group	8 10:00 Worship with Pastor Strand 2:00 Catholic Mass 2:45 Hollywood	9 9:30 Outing: St. Croix Casino Turtle Lake RSVP 2:00 Word Games 3:00 In The News	10 11:30 Chair Exercise with Deb 2:00 Crafternoon 3:00 Social and Trivia	11 9:30 Manicures 10:30 Devotions 11:00 Exercises 2:00 Music w/ John Lynch 3:00 Pub	12 10:30 Bingo!
13 11:15 Worship w/ Pastor Fossum	14 11:30 Chair Exercise 2:00 Easter Egg Bingo 3:00 Sundae’s on a Monday & Reading Group	15 10:00 Worship with Paula Peterson 2:00 Catholic Mass 2:45 Hollywood	16 9:30 Spots & Stripes Visit Story time, Games and Snacks 2:00 Music w/ Jim Sexton 3:00 Pub	17 11:30 Chair Exercise with Deb 2:00 Let’s Roll 3:00 Social and Trivia	18 9:30 Manicures 10:30 Devotions 11:00 Exercises 1:30 Good Friday Service 2:00 Social w/ Snacks	19 10:30 Bingo!
20 11:15 Worship w/ Pastor Fossum Easter Dinner @ Noon	21 11:30 Chair Exercise 2:00 Bingo 3:00 Popcorn & Reading Group	22 10:00 Worship with Pastor Rhodes 2:00 Catholic Mass 2:45 Hollywood	23 11:30 Chair Exercises 2:00 Sing a Long 4:30 Volunteer Appreciation Event	24 11:30 Chair Exercise with Deb 2:00 Baseball Beanbags 3:00 Social and Trivia	25 9:30 Manicures 10:30 Devotions 11:00 Exercises 2:00 Music w/ Roger Mickelson	26 10:30 Bingo!
27 11:15 Worship w/ Pastor Fossum	28 11:30 Chair Exercise 1:30 Resident Council 2:00 Bingo 3:00 Popcorn & Reading Group	29 10:00 Worship with Pastor Rimmereid 2:00 Catholic Mass 2:45 Hollywood	30 11:30 Chair Exercise Outing	“HOPPY BIRTHDAY” MARIE April 5th 		